



SSSC E-NEWS

The South Shore Swimming Club
Fortnightly Email Newsletter

You can also follow us on and or southshore.swimming.org.au



One month into the year already and it certainly seems too late to say Happy New Year, but I do hope you all enjoyed the break over the Christmas and New Year period and thank you for your patience as we, the SSSC Committee also took some time to recharge. We have hit the ground running with a full calendar of activities for the start of the year, determined Coaches and keen swimmers, which is all fantastic to see. Firstly I would like to send a heartfelt thank you and well done to our OWS national qualifiers, Tom, Taleisha, Eben, Jaimee and Jonah, who were all unable to travel to Adelaide for the OWS Championships due to Covid restrictions.

The maturity of these swimmers in the lead up to the event, the uncertainty surrounding travel and their continued commitment to their training was outstanding. Congratulations to all of the swimmers who turned out to represent SSSC at the WA State Relay Championships this past weekend. It was great to see such fantastic sportsmanship with fierce competition and I look forward to even more during the upcoming Club Premierships. With all students now returning to school for the 2022 school year, school swimming carnivals will be imminent and I look forward to seeing and hearing all of the success stories as they come in - good luck everyone! All families should also have received our communications about the Annual Moore River Camp - secure your spot ASAP, there are limited spaces and they won't last long!



Irene Cooke
President, South Shore Swimming Club

In this newsletter:

Important Club Night &
Target Meet Dates

Page 01

Swimming Requirements in
a Covid World

Page 02

Club Premierships

Page 02

IMPORTANT SWIMMING DATES

February and March are exceptionally busy months in the swimming calendar and while we know the following dates were highlighted in the Target Meet and Club Night calendars distributed at the start of the season, please make sure you have them marked securely in your diary. Target Meets are open in *My Swim Results* now for you to enter. If you are unsure what to sign up for, please seek advice from your coach and they can help you choose which events to target for maximum success. We will advise you as soon as Club Night is open for entries.

Date	Type	Event
Sat 12th Feb	Club Selection	Club Premierships
Sat 19th Feb	Target Meet	OWS Round 10 - Cottesloe
19/20 Feb	Target Meet	WA Junior Challenge
Mon 28th Feb	Club Night	CN9 - Long Course at LeisureFit Booragoon

SWIMMING REQUIREMENTS IN A COVID WORLD

PROOF OF VACCINATION

In line with the State Government requirements that came into effect on Monday 31st of January 2022, all visitors aged 16 years and older to LeisureFit Booragoon will be required to show proof of double-dose COVID-19 vaccination as a condition of entry.

MASK MANDATE

With the current threat of spread of the omicron variant in our community, we must adhere to public health measures as mandated by the government for our own safety and the safety of others. Masks are mandatory for all public indoor venues. The mandate does not apply when you are doing vigorous exercise or for children under the age of 12.



Please continue to check in using the Safe WA / Service WA app QR codes at all entry points at all venues.

CLUB PREMIERSHIPS

What is it?

The SunSmart Club Premiership is a team event and an inter-club meet, where South Shore Swimming Club's best take on other clubs at HBF Stadium. Our swimmers compete for points for SSSC, with clubs only able to enter one swimmer per event and each swimmer only a maximum of two individual events at the meet.

When is it?

South Shore Swimming Club is in Division B this year and therefore competing in the morning of Saturday 12th of February 2022. Warm up from 8am and formalities start at 9am.

How can I take part?

Our coaches use times recorded during the summer Target Meets and Club Nights to complete the competitive selection process.

What is the 'March Past'?

All clubs are encouraged to choose a theme and dress up as a team to enter the stadium to their chosen music. This is loud and fun, with the crowd taking part as much as the swimmers. Swimming WA then decide and award a winning club.

Can I still come along if I'm not selected in the swimming team?

Absolutely and we really hope you do! This is a team event and our supporters are as important as our swimmers. There will also be an SSSC social event immediately afterwards, for all SSSC members.

